# PERSON FIRST

## LANGUAGE THAT SHOWS WE CARE

Putting the **person first** reduces stigma and ensures a supportive environment for us all.

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### When talking about medical and mental health conditions:

**Try saying this:**

- **He** has SUD (substance use disorder)
- **She** has diabetes
- **They** have sickle cell

**Instead of:**

- "addict"
- "drug user"
- "alcoholic"
- "diabetic"
- "sickle celler"

To learn more about substance use disorder visit **PennCAMP.org.**

Penn Medicine